

City of Moore
BRAND SENIOR CENTER

SEPT
2024

Moore Area Transportation Only Call 405-799-3130

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED FOR LABOR DAY  2	8:30 Open Art Studio 3 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga	9:00 Arm Chair Travel 4 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 5 10:15 Chair Yoga 11:00 Speaker Aaron w/ VIP Care 12:30 Corn Hole	9:00 Open Art Studio 6 10:15 Exercise 11:00 September Birthday's 12:15 Bingo w/Terry 2:00 Table Tennis 
9:00 Classic Movie 9 "North by Northwest" 10:15 Exercise	8:30 Open Art Studio 10 9:30 Stretch, Strengthen & Health 10:00 Library w/Cheyenne 10:00 Wii Bowling 10:15 Chair Yoga	9:00 Arm Chair Travel 11 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 12 10:15 Chair Yoga 11:00 Speaker Jeremy w/Global Health 11:15 Rootbeer Floats provided by Jeremy 12:30 Corn Hole	9:00 Open Art Studio 13 10:15 Exercise 12:15 Bingo w/Flora 2:00 Table Tennis
9:00 Classic Movie 16 "A Bridge too Far" 10:15 Exercise 12:15 Bingo w/Scott	8:30 Open Art Studio 17 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga	9:00 Arm Chair Travel 18 9:00 Woodcarving 10:15 Exercise 11:45 Fresh Cobbler provided by Village on the Park 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 19 10:15 Chair Yoga 12:30 Corn Hole	9:00 Open Art Studio 20 10:15 Exercise 2:00 Table Tennis
9:00 Classic Movie 23 "The Who Shot Liberty Valance" 10:15 Exercise	8:30 Open Art Studio 24 9:30 Stretch, Strengthen & Health 10:00 Library w/AJ 10:00 Wii Bowling 10:15 Chair Yoga	9:00 Arm Chair Travel 25 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 26 10:15 Chair Yoga 11:00 Speaker Linda w/Nutrition Tips 12:00-1:00 BP Checks provided by Aspire Specialty Hospital	9:00 Open Art Studio 27 10:15 Exercise 2:00 Table Tennis
9:00 Classic Movie 30 "Shane" 9:45 MCOA Board Meeting 10:15 Exercise				

 **LUNCH PROGRAM**
 Inside dining
 Reservations 793-9069

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

