

City of Moore BRAND SENIOR CENTER

DEC
2024

Moore Area Transportation Only Call 405-799-3130

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9:00 Classic Movie "A Christmas Story" 10:15 Exercise</p>	<p>3</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Games 10:15 Chair Yoga</p>	<p>4</p> <p>9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie</p>	<p>5</p> <p>9:00 Woodcarving 10:00-11:15 Moore Police Dept w/Therapy Dogs 10:15 Chair Yoga 11:00 Speaker Jeremy w/Global Health 12:30 Corn Hole</p> 	<p>6</p> <p>9:00 Open Art Studio 10:15 Exercise 11:00 MCOA General Meeting & Election 11:15 December Birthday's 12:15 Bingo w/Flora 2:00 Table Tennis</p> <p><i>Happy Birthday!</i></p>
<p>9</p> <p>9:00 Classic Movie "Elf" 10:15 Exercise</p>	<p>10</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library 10:00 Wii Games 10:15 Chair Yoga</p>	<p>11</p> <p>9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie</p>	<p>12</p> <p>9:00 Woodcarving 10:15 Chair Yoga 12:15 Okie Stompers 12:30 Corn Hole</p>	<p>13</p> <p>9:00 Open Art Studio 10:15 Exercise 12:15 Bingo w/MCOA 2:00 Table Tennis</p>
<p>16</p> <p>9:00 Classic Movie "Holiday Inn" 10:15 Exercise 12:15 Bingo w/Scott</p>	<p>17</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Games 10:15 Chair Yoga</p>	<p>18</p> <p>9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 11:45 Fresh Cobbler 12:30 Board Games 1:00 Afternoon Movie</p>	<p>19</p> <p>9:00 Woodcarving 10:15 Chair Yoga 12:30 Corn Hole</p>	<p>20</p> <p>9:00 Open Art Studio 10:00 Cocoa w/MPD 10:15 Exercise 2:00 Table Tennis</p> 
<p>23</p> <p>9:00 Classic Movie "It's a Wonderful Life" 10:15 Exercise 12:15 Christmas Party</p> <p><i>Christmas Party</i></p>	<p>24</p>	<p>25</p> <p><i>Closed for Christmas Eve & Christmas Day</i></p> 	<p>26</p> <p>9:00 Woodcarving 10:15 Chair Yoga 10:00-11:00 BP Checks w/Aspire Specialty Hospital 11:00 Speaker Brian w/Nutrition 12:30 Corn Hole</p>	<p>27</p> <p>9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis</p>
<p>30</p> <p>9:00 Classic Movie "Annie" 9:45 MCOA Board Meeting 10:15 Exercise</p>	<p>31</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Games 10:15 Chair Yoga</p>			

 **LUNCH PROGRAM**
Inside dining
Reservations 793-9069

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

